


THE MOROCCAN HIGH ATLAS RANGES

MOUNTAIN CROSS COUNTRY AND VALLEY HIKES

Nice 'n easy PRIVATE one day any day hikes from the



LEVEL OF DIFFICULTY:- GRADE ONE:  WALKING MOSTLY ON MULE OR GOAT TRACKS, SOMETIMES ROCKY, SOMETIMES FLAT, FOR BETWEEN 3-6 HOURS EACH DAY. GOOD TRAINERS WOULD DO, BUT TAKE BOOTS IF YOU ARE USED TO THEM. FOR ANYONE WHO LEADS A REASONABLY ACTIVE LIFE. HIKING ALWAYS INVOLVES SOME EFFORT. CLEARLY THERE ARE MANY DIFFERING FACTORS THAT CONTRIBUTE TO THE DIFFICULTY OF A PARTICULAR HIKE, INCLUDING LENGTH OF DAY, TERRAIN, ALTITUDE AND WEATHER CONDITIONS. SINCE THESE FACTORS ARE NECESSARILY VARIABLE, ANY SYSTEM OF GRADES CAN ONLY PROVIDE A GENERAL INDICATION. WE HAVE TRIED TO MAKE OUR SYSTEM AS CLEAR AS POSSIBLE, BUT IT CANNOT ACCOUNT FOR PERSONAL ABILITIES OR EXPERIENCE.

A WALK INTO THE RUGGED MOUNTAIN BERBERS' ENVIRONMENT

OBTKT03m 6 HOURS HIKING

KASBAH TAMADOT - IMENANE VALLEY - IMSKER - ARG - AM'SSAKROU - AGUERSSSIOUÂL - KASBAH TAMADOT.



A 9 o'clock departure from this beautiful hotel overlooking the steep, forested river valley of the Mizane towards the southeast and the magnificent Adrar Oukaïmeden (3273m), of winter skiing fame. We cross from the Aït Mizene valley to that of the Imenane. From here we strike out down through this magnificent valley, passing by ancient terraced fields clinging to the slopes, several Berber hamlets and the villages of Imsker (1381m) and Arg (1600m), where Sir Winston Churchill is said to have loved to paint. We continue our stroll towards the awesome Toubkal Massif, the Adrar Oukaïmeden and Jbel Angour (3143m) to our left, Jbel Tasghimout (2604m) to our right and mighty Jbels Bou Iguenouane (3882m), Aksouâl (3842m), Azroun'Tamadôt (3664m) Tichki (3713m) and Toubkal, at 4167m, the highest peak in North Africa always before us. We stop for a welcome field picnic in the village of Am'ssakrou (1800m) before continuing on up through the col of the Tizi n'Aguerssiouâl (2000m). From here we have a long downhill swing towards the west through the lower slopes of the Imlil Valley, until we arrive at the village of Aguersssiouâl, where our transport awaits us to take us back to the Kasbah. You should also, depending on the time of day, get to see the delightfully shy Berber women working the fields, their children herding their precious sheep and goats. From here we join our transport back to the Kasbah. Essentially, this walk, and most others planned from the Kasbah, takes you up and down a maximum of 600 metres and is not at all strenuous. It does take you up into charming hidden valleys and for you to meet the mountain Berber families in their own environment.



OUR PRICES WILL INCLUDE: Private transportation Aguersssiouâl - Kasbah Tamadot. An experienced licensed bi-lingual mountain guide throughout. A field picnic lunch. Field picnic lunch - fresh Moroccan salad, cheese, tinned tuna fish*, mint tea, bread, fruit. *If **vegetarian or vegan** please pre-advise. Medical and Accident Insurance.

OUR PRICES WILL NOT INCLUDE: *Accommodation pre & post, nor transfers from/to Marrakech.* SHOULD YOU NOT HAVE ALREADY BOOKED YOUR TRANSFERS TO/FROM AND ACCOMMODATION IN THE DELIGHTFUL KASBAH TAMADOT, WE SHALL BE DELIGHTED TO DO SO FOR YOU. Gratuity to guide. Any expenditure of a personal nature. Bottled or gaseous water, nor anything not specifically mentioned in the itinerary.

IT IS RECOMMENDED YOU BRING WITH YOU: Good trainers or walking boots. Rambler pole (optional), hats, sunscreen, sunglasses; nibbles and/or power bars; hygienic 'wipes'. Walking socks; day pack 'bum bag', insect repellent, camera and filled water bottle, possibly some biros and sweets for the local mountain Berber children.

Should you wish to hire a mule to accompany you on this hike, there'd be an additional sum to pay per beast.