

THE MOROCCAN HIGH ATLAS
MOUNTAIN COUNTRY AND VALLEY HIKES
NICE 'N EASY PRIVATE ONE DAY ANY DAY HIKES
FROM THE DOUAR SAMRA TAMATERT



LEVEL OF DIFFICULTY:- GRADE ONE:-



WALKING MOSTLY ON PATHS AT LOWER LEVELS, SOMETIMES ROCKY, SELDOM FLAT, FOR ABOUT 3-6 HOURS EACH DAY. GOOD TRAINERS WOULD DO, BUT TAKE BOOTS IF YOU ARE USED TO THEM. FOR ANYONE WHO LEADS A REASONABLY ACTIVE LIFE. HIKING ALWAYS INVOLVES SOME EFFORT. CLEARLY THERE ARE MANY DIFFERING FACTORS THAT CONTRIBUTE TO THE DIFFICULTY OF A PARTICULAR HIKE, INCLUDING LENGTH OF DAY, TERRAIN, ALTITUDE AND WEATHER CONDITIONS. SINCE THESE FACTORS ARE NECESSARILY VARIABLE, ANY SYSTEM OF GRADES CAN ONLY PROVIDE A GENERAL INDICATION. WE HAVE TRIED TO MAKE OUR SYSTEM AS CLEAR AS POSSIBLE, BUT IT CANNOT ACCOUNT FOR PERSONAL ABILITIES OR EXPERIENCE.

INTO THE JBEL OUKAÏMEDEN'S BERBER HAMLETS

OBTdsRAK04m **6 hours' ramble**

DOUAR SAMRA - TIZI N'TAMATERT - TINERHOURHINE- IKISS - AM'SSAKROU - TIZI N'AGUERSSIOUÂL - AGUERSSIOUÂL - TADDART - AÏT SOUKA - DOUAR SAMRA: With the mighty Jbel Toubkal - at 4167m the highest peak



in the Maghreb - and her sisters Aguelzim (3547m) and Aksouâl (3847m) almost within touching distance, we set off at 09:00 on our private, guided hike towards the **east** along the Tamatert Valley to turn north after some 50 minutes up into and through the Tizi n'Tamatert (229m) of the Aourirt N'Oussif (2274m) and down via the Berber village of Tinerhourhine into the Valley of the Oued Imenane. We follow this Valley **north**, with the Jbel Oukaïmeden (3268m) to our right, along winding mule trails through almond, walnut and apple groves and terraced Berber hamlets, all seeming to cling precariously to the mountain slopes. The majority of the villages we shall see on our hike are built of pisé, dug from the earth of the surrounding slopes. Our piste takes us on to the village of Ikiss and up to the village of Am'ssakrou where, after some 3 hours hiking, we'll stop for our field picnic surrounded by the mountains of the Jbel Oukaïmeden, Tizi n'Ou Arg (2258m) and the Tizi n'Tiratene (2268m). Once refreshed, we turn towards the **west** along mule trails and alongside some naked escarpments up into and through the Tizi n'Aguerssiouâl (1767m) and through a couloir of grey and ochre rocks until we reach the main village of Aguerssiouâl in the Assif n'Aït Mizane Valley (2664m). From here we set off **south** back up the valley towards the impressive peaks of Jbel Toubkal, Aguelzim and Aksouâl until we walk through the village of Taddart on to the last village in the Tamatert Valley of Aït Souka where we turn **east** for the few last yards to our welcoming return to Jacqueline's Kasbah in the Douar of Tamatert for a shower and our excellent dinner before retiring for the night after a six hour slow ramble through really singular countryside.



OUR PRICES WILL INCLUDE: An experienced licensed bi-lingual mountain guide throughout. A field picnic lunch. Field picnic lunch - fresh Moroccan salad, cheese, tinned tuna fish*, mint tea, bread, fruit. *If **vegetarian or vegan** please pre-advise. Medical and Accident Insurance.

OUR PRICES WILL NOT INCLUDE: *Accommodation pre & post, nor transfers from/to Marrakech.* SHOULD YOU NOT HAVE ALREADY BOOKED YOUR TRANSFERS TO/FROM AND ACCOMMODATION IN THE DELIGHTFULLY-UNIQUE KASBAH SAMRA, WE SHALL BE DELIGHTED TO DO SO FOR YOU. Gratuity to guide. Any expenditure of a personal nature. Bottled or gaseous water, nor anything not specifically mentioned in the itinerary.

IT IS RECOMMENDED YOU BRING WITH YOU: Good trainers or walking boots. Rambler pole (optional), hats, sunscreen, sunglasses; nibbles and/or power bars; hygienic 'wipes'. Walking socks; day pack 'bum bag', insect repellent, camera and filled water bottle, possibly some biro's and sweets for the local mountain Berber children.

Should you wish to hire a mule to accompany you on this hike, there'd be an additional sum to pay per beast.