


THE MOROCCAN HIGH ATLAS
MOUNTAIN COUNTRY AND VALLEY HIKES
NICE 'N EASY PRIVATE ONE DAY ANY DAY HIKES
FROM THE DOUAR SAMRA TAMATERT



LEVEL OF DIFFICULTY:- GRADE ONE:- 

WALKING MOSTLY ON PATHS AT LOWER LEVELS, SOMETIMES ROCKY, SELDOM FLAT, FOR ABOUT 3-6 HOURS EACH DAY. GOOD TRAINERS WOULD DO, BUT TAKE BOOTS IF YOU ARE USED TO THEM. FOR ANYONE WHO LEADS A REASONABLY ACTIVE LIFE. HIKING ALWAYS INVOLVES SOME EFFORT. CLEARLY THERE ARE MANY DIFFERING FACTORS THAT CONTRIBUTE TO THE DIFFICULTY OF A PARTICULAR HIKE, INCLUDING LENGTH OF DAY, TERRAIN, ALTITUDE AND WEATHER CONDITIONS. SINCE THESE FACTORS ARE NECESSARILY VARIABLE, ANY SYSTEM OF GRADES CAN ONLY PROVIDE A GENERAL INDICATION. WE HAVE TRIED TO MAKE OUR SYSTEM AS CLEAR AS POSSIBLE, BUT IT CANNOT ACCOUNT FOR PERSONAL ABILITIES OR EXPERIENCE.

HIGH ATLAS COUNTRY HIKING

OBTdsRAK01m 5 hours' ramble

DOUAR SAMRA - TIZI N'TAMATERT - AMGHEDOUL - TACHEDDIRT - TIGHOURINE - DOUAR SAMRA:



We set out today at 09:00 along a piste for a hike towards the east up alongside scattered pine and juniper woods to the Tizi n'Tamatert (**2272m**) to stop at the Tizi (Col or Pass) to admire the Imlil and Imenane Valleys, this latter with its many terraced Berber villages tucked precariously onto the slopes stretching around us, with Adrar n'Oukaïmeden (3268m) - in the area known locally as "Ouka" - and almost as high as the Rockies - on the southern horizon, the high Toubkal Massif peaks of the Tizi n'Eddi (2928m) and the Jbel Angour (3616m) looming down on us. We hike along the Tamatert Valley slopes until we reach our field picnic spot at Amghedoul, surrounded now on all sides by the Toubkal Massif range. Once refreshed we shall now set off back to the Douar Samra, first towards the oldest Berber village in this once-remote area,

Tacheddirt, to return now via Ouaneskra and the other side of the Valley, passing through the villages of Tamegguist and Tinghourine with the stark Jbel Bou Iguenouane (3882m), Tizi n'Likemt (3615m), Aksouâl (3842m) and the Azrou n'Tamadôt (3664m) until we receive our welcoming return to Jacqueline's Kasbah, a shower, or use the 'Hammam' and our Berber dinner before retiring for the night.



OUR PRICES WILL INCLUDE: An experienced licensed bi-lingual mountain guide throughout. A field picnic lunch. Field picnic lunch - fresh Moroccan salad, cheese, tinned tuna fish*, mint tea, bread, fruit. *If **vegetarian or vegan** please pre-advise. Medical and Accident Insurance.

OUR PRICES WILL NOT INCLUDE: *Accommodation pre & post, nor transfers from/to Marrakech.* SHOULD YOU NOT HAVE ALREADY BOOKED YOUR TRANSFERS TO/FROM AND ACCOMMODATION IN THE DELIGHTFULLY-UNIQUE KASBAH SAMRA, WE SHALL BE DELIGHTED TO DO SO FOR YOU. Gratuity to guide. Any expenditure of a personal nature. Bottled or gaseous water, nor anything not specifically mentioned in the itinerary.

IT IS RECOMMENDED YOU BRING WITH YOU: Good trainers or walking boots. Rambler pole (optional), hats, sunscreen, sunglasses; nibbles and/or power bars; hygienic 'wipes'. Walking socks; day pack 'bum bag', insect repellent, camera and filled water bottle, possibly some biros and sweets for the local mountain Berber children.

Should you wish to hire a mule to accompany you on this hike, there'd be an additional sum to pay per beast.