

THE MOROCCAN HIGH ATLAS RANGES

MOUNTAIN CROSS COUNTRY AND VALLEY



Nice 'n easy PRIVATE one day any day hikes from the



LEVEL OF DIFFICULTY:- GRADE ONE WALKING MOSTLY ON MULE OR GOAT TRACKS, SOMETIMES ROCKY, SOMETIMES FLAT, FOR BETWEEN 3- 6 HOURS EACH DAY. GOOD TRAINERS WOULD DO, BUT TAKE BOOTS IF YOU ARE USED TO THEM. FOR ANYONE WHO LEADS A REASONABLY ACTIVE LIFE. HIKING ALWAYS INVOLVES SOME EFFORT. CLEARLY THERE ARE MANY DIFFERING FACTORS THAT CONTRIBUTE TO THE DIFFICULTY OF A PARTICULAR HIKE, INCLUDING LENGTH OF DAY, TERRAIN, ALTITUDE AND WEATHER CONDITIONS. SINCE THESE FACTORS ARE NECESSARILY VARIABLE, ANY SYSTEM OF GRADES CAN ONLY PROVIDE A GENERAL INDICATION. WE HAVE TRIED TO MAKE OUR SYSTEM AS CLEAR AS POSSIBLE, BUT IT CANNOT ACCOUNT FOR PERSONAL ABILITIES OR EXPERIENCE.

A WALK ON THE WILD SIDE

OBTKT01m 6 HOURS HIKING

KASBAH TAMADOT - TAGADIRT n'AÏT ALI - TIZI N'TINZERT - TINZERT - MARIGHA - KASBAH TAMADOT.



A 9 o'clock departure from this beautiful hotel overlooking the steep, forested river valley towards the south and the awe-inspiring Toubkal Massif, keeping to the upper valley slopes of the Jbel Asloun until we reach the Berber village of Tagadirt n'Aït Ali (this translates to 'the Ali family's domain of Tagadirt') at 1400m. You'll notice homes are built of four basic materials: - wood, stone, rammed earth pisé (adobe) or breeze block. From this tiny village we strike out for one hour westwards up along mule trails to the col of Tizi n'Tinzart (1611m), which offers us a wonderful panorama of the delightful Ouirgane Valley. Once over the col we make a long, slow descent in the midst the forest of citron wood, pine, cork-oak and juniper to the hamlet of Tinzert, where we stop for our field picnic in the home of a Berber mountain family. Once refreshed, we set off to continue our easy hike to the salt mines at Marigha. Here the Berber peoples have been mining salt by their traditional method used unchanged for centuries. You may see them riding from village to village, selling their salt from the back of their donkeys. You should also, depending on the time of day, get to see those delightful Berber women sitting on their haunches for a chat after gathering wood. From here we join our transport back to the Kasbah.



Essentially, this walk takes you up and down a maximum of 600 metres and is not all that as strenuous as you might imagine. It does take you up into charming hidden valleys and to meet the mountain Berber families in their own environment.



OUR PRICES WILL INCLUDE: Private transportation Marigha - Kasbah Tamadot. An experienced licensed bi-lingual mountain guide throughout. A field picnic lunch. Field picnic lunch - fresh Moroccan salad, cheese, tinned tuna fish*, mint tea, bread, fruit. *If **vegetarian or vegan** please pre-advise. Medical and Accident Insurance.

OUR PRICES WILL NOT INCLUDE: *Accommodation pre & post, nor transfers from/to Marrakech.* SHOULD YOU NOT HAVE ALREADY BOOKED YOUR TRANSFERS TO/FROM AND ACCOMMODATION IN THE DELIGHTFUL KASBAH TAMADOT, WE SHALL BE DELIGHTED TO DO SO FOR YOU. Gratuity to driver and guide. Any expenditure of a personal nature. Bottled or gaseous water, nor anything not specifically mentioned in the itinerary.

IT IS RECOMMENDED YOU BRING WITH YOU: Good trainers or walking boots. Rambler pole (optional), hats, sunscreen, sunglasses; nibbles and/or power bars; hygienic 'wipes'. Walking socks; day pack 'bum bag', insect repellent, camera and filled water bottle, possibly some biros and sweets for the local mountain Berber children.

Should you wish to hire a mule to accompany you on this hike, there'd be an additional sum to pay per beast.